



**Sir Thomas Abney**  
PRIMARY SCHOOL

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Dear Parents/Carers

### **The Christopher Winter Project – Drug and Alcohol Education Years 1-6**

As part of Personal, Social, Health and Economic (PSHE) Education, Years 1-6 will receive lessons on Drug & Alcohol education. The Christopher Winter Project education programme is recommended by the DfE and Hackney Learning Trust. The 3 lessons will take place during this half term and are taught by class teachers.

**Year 1 and 2** classes will learn about health and personal safety with a focus on medicines and everyday household substances found in most homes.

**Years 3 and 4** cover smoking and alcohol. This includes understanding why people use these legal drugs, the effects they have on our bodies and how to resist use.

**Year 5 and 6** children will focus on legal and illegal substances, with an emphasis on the drugs most commonly used by early teenagers.

Lessons are age appropriate and all schemes of work include a focus on recognising unsafe and risky situations, how to manage these and developing the skills to ask for help.

The programme of study is available on the school website at:  
<http://sirthomasabney.hackney.sch.uk/provision/further-curriculum/pshe/>

Yours sincerely

*G Fitzmaurice*

Geraldine Fitzmaurice  
Headteacher

