

Scheme of Work

Medicines & People Who Help Us : Key Stage 1

Word Box: healthy, unhealthy, well, unwell, ill, drug, medicine, tablet, injections, inhaler, adult, stranger, doctor, nurse, dentist, hospital

End of Key Stage Statements

2c to recognise the choices they can make, and to recognise the difference between right and wrong

3a how to make simple choices that improve their health and well-being

3f that all household products, including medicines, can be harmful if not used properly

3g rules for, and ways of, keeping safe including who can help them to stay safe

Learning Intentions and Learning Outcomes

Learning Intention
To identify how to stay healthy

Learning Outcomes
To understand how to look after our bodies

Learning Intention
To explore when and how to take medicines safely

Learning Outcomes
To know how medicines get into our bodies
To know why people use medicines
To understand that some people need to take medicines all the time to stay healthy

Learning Intention
To identify who should be able to give us medicines

Learning Outcomes
To know when we should take medicines and who should give them to us
To know the rules about medicines

Lesson Title

Lesson 1
[Staying Healthy](#)

Lesson 2
[Medicines](#)

Lesson 3
[Who gives us medicines?](#)

Resources

Talking Object
[Healthy and Unhealthy signs](#)
[Staying Healthy pictures](#)
String, pegs

[Medicine Facts Teacher Guide](#)
Talking Object
[Medicine pictures](#)
[Staying Healthy pictures](#)
A1 sheet of paper and pens
Talking Ball

[Medicine Facts Teacher Guide](#)
Talking Object
[People Who Help Us photo cards](#)
[Finger Puppets](#)
Positive stories about medicines e.g.
Little Whistles Medicine, Cynthia Rylant
All Better Now, Joy Masoff
Harry and the Robots, Ian Whybrow