



Sir Thomas Abney

Parent & Carer Consultation on Relationship and Sex Education

Working together...

Key questions...

1. What are the legal responsibilities of schools on Relationships and Sex Education?
2. What are your rights as parents/carers?
3. How, what, why and when do we teach children about Relationships and Sex Education?

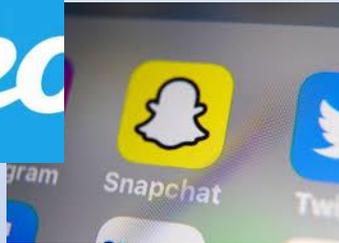
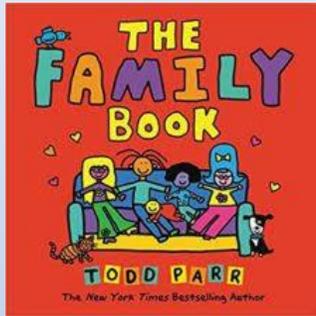




Think about when YOU were
young...
How/when did you learn about
Relationships and Sex Education?

Was it accurate? Was it helpful?
Did you learn anything that was incorrect? Or
inappropriate?
Was it a positive experience?
Did anything frighten you? Was there
anything you didn't understand?

In today's world: where and how do children find out information about relationships and sex? Are they always accurate or positive?

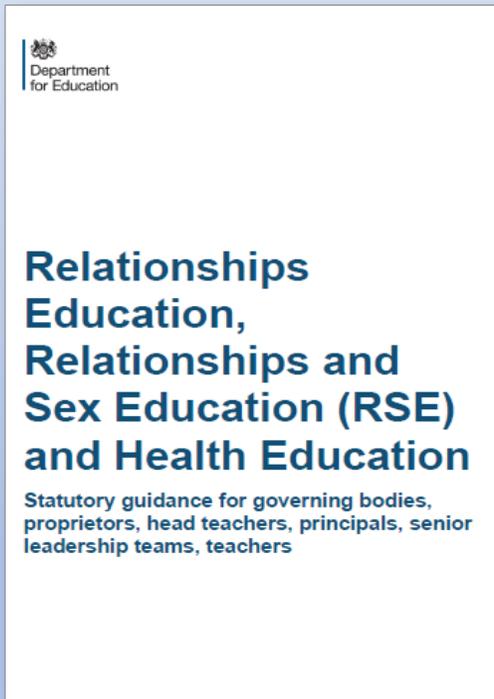


Children find out information and get messages about relationships and sex education from teachers, parents/carers, older siblings/cousins, friends, tv, internet, books, adverts, newspaper headlines, social media – and many more!





Why is Relationship and Sex Education important?



Main aim of Relationships, Health and Sex Education is to keep children SAFE

Ignorance does not protect innocence – and may make children vulnerable

Children now have a legal entitlement to a Relationships, Health and Sex Education curriculum

Why is Relationships and Sex Education important...?



- It can help to Safeguard children from:
 - Grooming
 - Child Sexual Exploitation
 - Sexual, physical and emotional abuse
 - Sexting
 - Accessing inappropriate online material
- Some children start puberty in Primary school (at 8 or 9 years old)
- For older children and teens, it can help to prevent unwanted pregnancy, Sexually transmitted infections (STIs) and help young adults to recognize/avoid abusive or unhealthy relationships

What is Relationships Education?

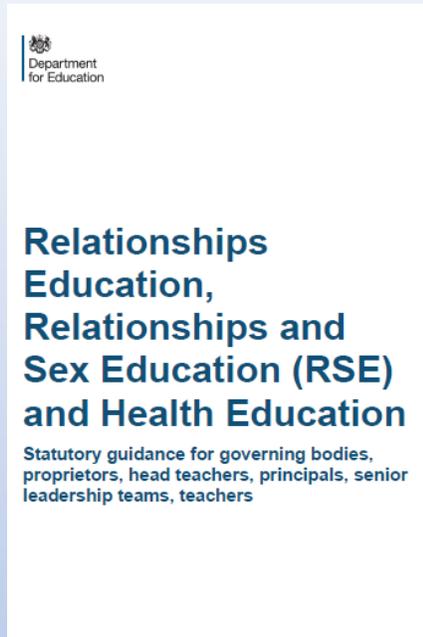
- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

Relationships Education is **compulsory**





RSE and Equality:



- “School are required to comply with relevant requirements of the Equality Act 2010.”
- “Schools should be alive to issues as everyday sexism, misogyny, homophobia and gender stereotypes and take positive action to build a culture where these are not tolerated, and any occurrences are identified and tackled.”
- At Sir Thomas Abney, a diverse range families and positive relationships are portrayed and discussed (including LGBT families and relationships)



What is Health Education?

- Mental wellbeing
- Internet safety and harm
- Physical health and fitness
- Healthy eating
- Drugs, alcohol and tobacco
- Health and prevention
- Basic First Aid
- Changing adolescent body (puberty)

Health Education is **compulsory**





What is Sex Education?

It is recommended that every Primary school should have a Sex Education programme tailored to the age and the physical/emotional maturity of the pupils... drawing on knowledge of the human life cycle set out in the National Curriculum for Science – how a baby is conceived and born.

Department
for Education

**Relationships
Education,
Relationships and
Sex Education (RSE)
and Health Education**

Statutory guidance for governing bodies,
proprietors, head teachers, principals, senior
leadership teams, teachers

Sex Education is **not compulsory** except when it is taught as part of the Science curriculum.

The Science Curriculum is statutory.

The Science Curriculum and Sex Education

- **Science at Key Stage 1:**

- Identify and label the basic parts of the human body (boys and girls)
- Say which part of the body is associated with our senses
- Notice that animals, including humans, have offspring which grow into adults

- **Science at Key Stage 2:**

- Describe the differences in the life cycles of a mammal, an amphibian, an insect and a bird
- Describe the life process of reproduction in some plants and animals
- Describe the changes as humans develop to old age
- Learn about the changes experienced in puberty



Can I withdraw my child from RSE?

- Government guidance on RSE (pg. 17):
 - “Parents have the right to request that their child be withdrawn from some or all of Sex Education delivered as part of statutory RSE”.
 - Parents/carers cannot withdraw their child from Relationships or Health Education
- So – at Sir Thomas Abney – what/when/how do we teach as Sex Education?
 - Sex Education is defined as **human reproduction**: conception and birth;
 - We teach this is part of the Science curriculum and as part of RSE





At Sir Thomas Abney, we use a scheme called *Jigsaw* to teach about PSHE...

Jigsaw is a mindfulness approach to the teaching of PSHE. We have been using Jigsaw since January 2020

This includes all the statutory aspects of Health and Relationships Education;

It also includes some non-statutory aspects of Sex Education: *where do babies come from?*

It is engaging and inclusive – with fun characters and a wide range of activities for the children



The Jigsaw themes are the same for all year groups but cover age appropriate topics:

| | Jigsaw PSHE Theme: | What type of things does it include? |
|----------------------|---------------------------|--|
| Autumn Term 1 | Being ME in my World | Exploring what makes us all unique and special; our likes and dislikes; respect for ourselves and others; |
| Autumn Term 2 | Celebrating differences | Exploration and celebration of differences; challenging stereotypes; anti-bullying; respecting each other; |
| Spring Term 1 | Dreams & Goals | Setting goals; self-improvement; building self-esteem and resilience; positive role models and aspirations; |
| Spring Term 2 | Healthy Me! | Eating healthy foods; importance of hygiene – including brushing teeth; looking after our bodies and minds; avoiding harmful substances; |
| Summer Term 1 | Relationships | Different types of relationships; making friendships; how to negotiate and resolve conflict; how to stand up for yourself; |
| Summer Term 2 | Changing Me! | How changes affect us – e.g. new classes, new school, new members of the family; growing up; getting old; changing bodies; puberty; conception and birth |

For more information and to give us your views...

- Please use the RSE Consultation Form for Parent/Carers to give us feedback and/or your views on RSE at Sir Thomas Abney. This can be found on our website under “RSE Parent/Carer Consultation”
- Please also read the information on Jigsaw and our RSE Policy
- If you would like to view any of the Jigsaw materials that we use for teaching RSE, please let us know on the form and we can arrange for you to view these.
- We are confident that we can work together

