

Physical Education and Sport at Sir Thomas Abney Primary School

Physical Education and Sport are seen as vital areas of learning in the primary curriculum at Sir Thomas Abney Primary School. Physical Education can be the foundation for a lifetime of physical activity which can never be underestimated in enabling everyone to lead healthy and happy lives.

Sir Thomas Abney provides all its children with a vast range of physical activities both in and outside curriculum time.



Curriculum PE and School Sport

During curriculum time all classes at Key Stage One (KS1) and Key Stage 2 (KS2) do 2 hours of PE per week and this usually entails an outdoor and indoor session. Here at Sir Thomas Abney we are very fortunate in that we have two large halls, two large playgrounds and an impressive Multi Use Games Area (MUGA) with modern showers and changing rooms available. All teachers including Newly Qualified Teachers (NQTs) are supported by Dr Barry Costas Senior Lecturer in Physical Education at the University of Hertfordshire and a Primary PE specialist who works with us for half a day per week as a visiting teacher. Barry also helps with planning, modelling lessons, evaluating sessions and giving feedback on taught lessons.

Mr Ivan Owen is the school curriculum leader for PE who oversees curriculum content and the huge range of extra curricular activities available to the children. In Curriculum time activities are wide and varied and include the areas of activity within the PE National Curriculum which include Games, Gymnastics, Dance, Athletics, Outdoor and Adventurous Activities (OAA), including residential visits and swimming. Other less usual activities encompass Table Tennis, Handball, Curling, Goalball (a Paralympic sport) and Orienteering. All sessions are designed to be taught within a sequence of lessons over 5-7 weeks or half termly periods of time to allow for the development, progression and implementation of new learnt skills. In addition to this delivery, Ivan also runs lunchtime and after school sports programmes.

All teachers are encouraged to teach across subjects where they can be linked; Science for example can have physical activity as a core component of the lesson if the theme is the human body or how we move. Sports Days for all children including the Early Years and Foundation stages (EYFS) take place annually.

After School PE and School Sports including Extra-Curricular activities

A broad range of after school clubs and extra-curricular activities are offered to all children throughout the academic year. Mr Aubrey Ellington the school's Learning Mentor and After School Club manager also offers a variety of games and activities. Mr Ellington comments, "In many ways the work that we do after school both supports and complements the excellent work that is done during curriculum time. This relationship is crucial and helps consolidate the children's learning in these areas and provides them with further opportunities to improve." These activities and clubs include: Football Club, Tennis Club, Table Tennis Club, Multi-Skills Club, Chess Club, Netball Club and Cycling Club.

Lunchtime PE and School Sport

The school runs lunchtime clubs where the focus is on a different Olympic or Paralympic event. Recent events have focussed on Curling, Boccia, Volleyball and Handball. These sessions are also competitive in nature with Gold, Silver and Bronze certificates awarded to participants as prizes.

Multi Skills sessions are offered to children in KS1 by Marlon Morgan from Access to Sport.

Other lunchtime clubs include the Sir Thomas Abney Champions League which is a year-long football league and cup competition with mixed teams from Years 3-6. The emphasis here is on Sportsmanship and Leadership for all players.

School Wimbledon is a lunchtime tennis tournament which culminates in finalists from Years 3-6 playing in a special School Wimbledon Finals' Day in front of the whole school and parents during one afternoon.

External Competitions and Successes



STA competes and has been successful in the Hackney and London Chess tournaments. We pride ourselves on being the current Hackney Champions.

Our children have also had notable achievements in the East London and London Table Tennis Tournaments.

In terms of football both our boys and girls teams compete in inter-school matches in the Hackney League.

We also compete regularly in both the Hackney Tennis and Cricket tournaments where boys and girls ages range from Years 1-6.

The school has a strong orienteering team who regularly take part in the Hackney Schools Orienteering league in events at different parks and green areas in the borough.

Equally, we are particularly proud that our Year 5 and 6 children have the opportunity to take part in a special Olympic and Paralympic borough wide sports event every autumn. The activities accessed here include swimming, Athletics, Judo, Archery, Sailing and Wheelchair Basketball.

Swimming

Sir Thomas Abney hopes to be able to bring a groundbreaking swimming initiative to our school called Pools 4 Schools. If successful we will have our very own mobile swimming pool assembled on site for the Summer term 2015. The pool comes with swimming teachers and lifeguards and would also be open to the community outside of school hours.

We strongly believe this would offer us the best opportunity to teach all of our children the incredibly important life skill that is being able to swim.

The Children at Sir Thomas Abney have access to a very rich and engaging PE curriculum where sport plays a major part. The children contributed to Barry's doctoral thesis where they showed that PE was one of their favourite subjects at school. Barry added "when PE and School Sport are taught well all children will quite naturally want to take part. Lessons should be challenging but fun also. The teaching of PE at Sir Thomas Abney is good overall with some outstanding features like the diverse range of physical opportunities given to the children."

The PE and Sport Grant 2014-15

Schools receive PE and sport premium funding based on the number of pupils in Years 1 to 6. Schools must spend the funding to improve the quality of the PE and sport activities they offer their pupils, but they are free to choose the best way of using the money.

This academic year Sir Thomas Abney has received £9 635

Record of PE and Sport Grant spending by item/project 2014-2015			
Action	Objective	Cost	Impact
Improving Teaching and Learning: To provide a specialist PE teacher to work alongside class teachers and Schools' Direct students to improve the quality of teaching and learning	BC to draw up a termly timetable of demonstration lessons, co-teaching and feedback for all class teachers throughout the year IO/BC to evaluate the success of the programme on a termly basis	£4 397	
To improve the quality of activities offered to pupils: To hire a specialist Table Tennis Sports Coach to work alongside the PE Subject Leader offering lunchtime, curriculum time and after school table tennis lessons	IO to identify classes/pupils and monitor attendance. IO to teach alongside coach and evaluate children's skills	£4 680	

<p>To support less active pupils: To hire a specialist Sports Coach to run lunchtime and after-school multi-skills clubs</p>	<p>IO to identify less active children for inclusion in the lunchtime and after-school club. IO to monitor attendance and discuss programme with identified pupils</p>	<p>£975</p>	
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